

# WHAT TO DO IF YOU TEST POSITIVE FOR CORONAVIRUS?

- To stop the spread of the virus, it is advised that **if you are positive, you should isolate** in your current address, rather than moving households.



**If your test shows you have coronavirus, you will be contacted** by text, email or phone and will be asked to provide information about the people you have been close to recently.

- **Inform your university / employer.**



**After 10 days** if you still have a high temperature, you must stay home and away from people until you feel better.



- **After 10 days**, if you only have a cough and/or loss of sense of taste or smell you don't have to stay home and away from people any more.

**Everyone else you share your house with must still stay home** because they might have caught the virus but not be showing symptoms yet.

- They must stay at home for 14 days from the first day you felt poorly, even if they feel well.



- **Seek help if existing symptoms get worse** (eg difficulty breathing) by calling NHS 111.

**In an emergency, call 999** & inform the call handler about your potential exposure to COVID-19.

