

# KEEP YOUR HOME COVID SAFE

## HOW TO REDUCE THE RISK OF COVID CIRCULATING IN YOUR HOME

- **Regularly clean** the bathroom and kitchen using household products like detergents and bleach.
- **Clean things people touch the most:** taps, worktops, tables, backs of hard chairs, handles on doors/ cupboards/kitchen appliances, light switches, handrails, TV remotes. Phones will need to be wiped and not sprayed.
- Do not shake dirty washing before putting it in the washing machine.
- **Do not invite or allow social visitors to enter your home**, including friends and family.
- Wash your hands.
- Cover coughs and sneezes.
- **Ventilate** indoor areas.



## HOW CAN YOU KEEP SAFE LIVING WITH OTHER PEOPLE IF YOU OR SOMEONE YOU LIVE WITH HAS SYMPTOMS OR TESTS POSITIVE?

As well as the above, there are extra measures that can be taken:

- Avoid using shared spaces such as kitchens and other living areas while others are present and take your meals back to your room to eat.
- Use a face covering when spending time in shared areas inside your home if possible.
- Do not share a bed, if possible.



### BATHROOMS

- Use a different bathroom if possible. If this is not possible, anyone with symptoms should use the bathroom after everyone else and clean it each time after you use it.
- Use separate towels and keep them in your own room.
- Wipe all surfaces you have touched using strong household products (disinfectant).
- Regularly clean the bathroom using household products.



### KITCHENS

- If you share a kitchen, anyone with symptoms should use the kitchen after everyone else and should clean all surfaces afterwards.
- Anyone with symptoms should eat in their own room.
- All use separate tea towels, crockery and cutlery and a separate sponge/brush for washing.
- Use a dishwasher. If this is not possible, wash and dry each person's things separately. Use a different sponge and tea towels for each person.

