



Mental Health Information and Strategy Session 30th Sept | 1-2.30pm | Virtual meeting, Zoom Meeting notes

Forum Central & Strategic Updates

Recruitment

Karen shared a number of updates in relation to the Forum Central team and strategic priorities. Karen has been appointed the Volition Operations Manager role, which she will take up on the 10th October, so recruitment will be taking place for the MH and PSI development work soon. A Third Sector Outbreak Plan Coordinator and Advocacy and Representatives Relationship Officer have also recently been recruited.

The Communities of Interest work continues to develop and other key priorities are focused around the System Reset and Recovery work taking place across the city.

Resilience Survey

Karen reminded everyone that voluntary and community sector partners across Yorkshire and Humberside, coordinated by Voluntary Action Leeds, are working together to gather information from voluntary groups and charity organisations about the critical role they are playing in the Covid-19 pandemic response.

You may recall that an initial survey was launched earlier this year, and it had

a huge impact in terms of raising awareness about the Sector and its response. We are now following up to see what has changed and what comes next.

We are keen to ensure we get as many responses from third sector organisations in Leeds as possible. Please take the time to complete the survey if you can: <https://www.smartsurvey.co.uk/s/62DHY8/>. It takes around 15-20 minutes to complete.

LYPFT & TS Partnership Forum

The LYPFT and Third Sector Partnership Forum took place on 17th September and focused on MH and Community Pathways (CMHT)– we're keen to ensure that members across the sector are aware that these meetings take place and feel able to attend them. The next meeting will take place on the 15th December and focus on revisiting CMHT discussions. All are welcome and encouraged to attend more details will follow; notes from this meeting can be found [here](#).

- Support for CAHMS for children and young people and families struggling for support and the challenge of transition between services were issues raised that Karen will be picking up separately.

Karen shared [these slides](#) from the last members meeting in July which provide a useful picture of the Mental Health context in Leeds.

Member Updates

Rich Bell from Community Links shared an update on Community Links and Mentally Healthy Leeds training, Mental Health First Aid and Living Works Starts (Suicide Prevention Training) and bursaries currently available. Get in touch via rich.bell@commlinks.co.uk to find out more and [see here](#) for more information.

Ann Nicholl, Leeds Samaritans, noted that five meetings are taking place in Leeds as part of the Citizens UK Mental Health Champions programme and

start on the 30th September. The meetings represent a new way of working to give more energy and support to mental health campaigns. You can find more information and sign up for meetings [here](#).

Ged Robinson shared an update on the new team of Peer Support Workers he is part of that launched within LYPFT at the beginning of September. Ged is working as part of the Crisis team and there are new support workers in post within Community Mental Health too. To find out more please contact: ged.robinson@nhs.net.

Emerging Mental Health Data

Presentation on Findings April/July, Karen Fenton & Meirav Sasson, Impact Consultancy

Working in collaboration with Public Health and the CCG, this piece of work is focused on mental health needs that have emerged as a result of the coronavirus pandemic, and aims to summarise the issues that have been picked up by Third Sector organisations during April to July 2020. Together with data captured across the rest of the system, this will help to understand and plan for what future demand on services might look like.

Meirav, presented the data that has been gathered over the past few months both via a survey we sent out to all member organisations (which 18 organisations responded to), reports and surveys our members have completed and shared with us and data gathered through the Communities of Interest network. The key mental health challenges and affected population groups emerging from this insight were presented.

The group was separated into two breakout rooms and attendees shared thoughts on whether the data represents their experience.

Discussions specifically focused on:

1. April/July information presented:

Is what we have presented accurate/reflective of what you have seen?

Are we missing anything?

2. August to now - snapshot discussion

What are the key things we need to keep an eye on going forward?

The groups reported the following additional observations back during the main session which will be included and added into the main report.

- General consensus was that the findings were accurate and relevant to what members feel the people they work with experienced during the time.
- Need to ensure the needs of people with long term health conditions, Autism, Men, Young People and Carers are accurately represented within the final report and detailed further.

Next Meeting

Proposed to take place 26 November 2020 10-11.30 via Zoom.

Please RSVP to hello@forumcentral.org.uk if you are able to attend and suggested topics for discussion are always welcome.