

Dear Communities of Interest Network,

As always, this week's email includes a number of updates and resources for you to use and share with the other organisations you work with. [This page](#) provides the latest advice and guidance from the Leeds Public Health team, and signposts you to the relevant local services and resources.

Also, please find the COI meeting (21 April) [session notes here](#) and you can [find the flashcard here](#)

We want to make it as easy as possible for you to share your knowledge of what's happening within communities, the challenges you're facing as an organisation and the successes you've achieved. If you have information you would like to share with us, before our next meeting, please use the ['Share your knowledge'](#) button on our website.

Please do forward this email to anyone who you think would benefit from these updates. Anyone who doesn't currently receive these emails, but would like to in future weeks, can subscribe by emailing [communities@forumcentral.org.uk](mailto:communities@forumcentral.org.uk). Thank you as always for your support with sharing these important messages.

### **Mobile testing unit locations - for people with Covid symptoms**

All 9am to 3pm, [book here](#) or ring 119.

- Fri 30<sup>th</sup> April & Sat 1<sup>st</sup> May: St George's Medical Centre, Middleton | Rowland Road WMC
- Sun 2<sup>nd</sup> May: St George's Medical Centre, Middleton

**Health Watch Report** People's attitudes to and experiences of getting their COVID jab

This weekly intelligence report brings together all the insight and engagement happening across the city to work with communities and understand their approaches to the vaccine. Sources include the Leeds City Council Community Champions programme, the Forum Central Communities of interest network, the outbreak management third sector partners, VAL Leeds Voices community work and the Healthwatch Weekly Check In, as well as wider intelligence gathered by the People's Voices Group partners - **a big thank you** to everyone who has contributed and continues to share the surveys and feedback.

[You can find this week's report here](#) and you can find [all previous reports here](#).

### **Covid Vaccination Update:**

The Joint Committee on Vaccination and Immunisation (JCVI) confirmed that there have been no specific safety concerns identified with any COVID-19 vaccine in relation to pregnancy. The JCVI is therefore advising that [pregnant women should be offered the vaccine](#) at the same

time as the rest of the population, based on their age and clinical risk group.

### **Up-to-date shielding guidance in community languages**

The advice to shield from home has now been paused as of 31 March. There is still a range of help and support available to people who are Clinically Extremely Vulnerable in Leeds. More about the available support [can be found here](#) and [a summary here](#). The same document is [translated in many other community languages](#).

### **Ramadan Resources**

Some useful guidelines and toolkits have been put together to be shared with the practising Muslim communities with the occasion of the Islamic holy month of Ramadan.

- [Supporting Covid-19 vaccine uptake during Ramadan](#)
- [The South Asian Health Foundation \(UK\) Guidelines](#) for Managing Diabetes during Ramadan: 2020 Update
- [Healthy Ramadan Cookery book](#)
- [Ramadan Guidance for staff](#)
- [Issues and challenges in Ramadan Month](#)

### **Covid-19 Vaccination Digital Resource and FAQ Guide**

Leeds City Council in partnership with NHS CCG Leeds and the 3rd Sector have developed an online resource and FAQ guide [which you can find here](#)

### **Community Champions Project**

**Registration is open for the Covid-19 Community Champions project on Be Collective, [click here to register](#)**

The project is for anyone over the age of 18 who lives or works in Leeds, who want to support their friends, family, neighbours and community to have the information about Covid-19 and the vaccine which will help them feel supported, make informed choices and stay safe. Our aim is to work with a diverse range of community champions who are keen to get involved, whether they are already an active volunteer for an organisation, or are new to volunteering.

If you have any questions please email Natalie at [community.champions@forumcentral.org.uk](mailto:community.champions@forumcentral.org.uk)

### **Community Champions Project Micro Grants**

Applications for Covid-19 Community Champion Micro Grants are now open, [read more about the grant here](#) or [or you can apply here](#). Applications will be assessed weekly until the end of May 2021,

however this could be subject to review. It is advised you submit your application as soon as possible.

### **New age group invited to have the vaccine**

NHS are now inviting people aged 42 and over for their first Covid-19 jab, more information is available [here](#)

### **Vaccine Surveys**

- [Survey for under-25s](#). A survey for young people focussed on how they feel about getting their vaccine. This is the link to the survey
- [Post-vaccination survey](#). Open to all Leeds citizens. Focuses on how people have experienced getting their vaccine. This is the link to the survey.

### **Useful Covid-19 resources:**

- [Keeping safe in your home during Coronavirus](#) - this booklet highlights how important it is for all of us to take steps to reduce the spread of infection in the community and in our own families and households to keep well; save lives and support the NHS.
- [Keeping well at home](#)- this booklet has lots of ideas, suggestions and resources to help people keep well during the pandemic.

Many thanks  
Forum Central Team