

# Leeds for All 2021 programme

## Events and activities in celebration of the International Day of Disabled People

**Easy  
Read**



**Inclusive activities**  
29 Nov - 03 Dec



**Information and events**  
29 Nov - 03 Dec



**Marketplace event**  
03 Dec



**Working together to  
champion inclusivity**



**Promoting the range of  
support available**



**Making Leeds accessible  
for all**

**29 November - 03 December 2021**

**Easy Read Programme**

View the full programme online

[www.forumcentral.org.uk/idodp21/](http://www.forumcentral.org.uk/idodp21/)



# Leeds for All - International Day of Disabled People



In celebration of the International Day of Disabled People, Forum Central and the Leeds for All working group are delighted to present this week-long programme of events.

29  
November



The programme is delivered by Third Sector organisations across Leeds starting on Monday 29 November.

03  
December



The week of events will close with a marketplace and celebration event on Friday 03 December from 10am - 3pm at Leeds City Museum.





The marketplace and celebration event will include:

A variety of stall holders from the Third Sector and our partners in Leeds.



Disabled artists' performances.

A creative feedback space giving you the chance to have your say about what is good about living in Leeds as a person with disabilities, what challenges you face and what could be done better.



**Please put your event feedback forms in here**



The theme this year is **“Leeds for All – Recovery from Covid-19”**.

Join us for a series of accessible and inclusive performances, stories, exhibitions and discussions.



Let’s work together to create a city friendly for disabled people and acknowledge and highlight the everyday achievements of disabled people in Leeds.

**FREE**

All events are free to attend and open to everyone.



Please visit [www.forumcentral.org.uk/IDODP21](http://www.forumcentral.org.uk/IDODP21) to view this programme online, access direct booking links and for information about all events and accessibility options.



Contact us on [hello@forumcentral.org.uk](mailto:hello@forumcentral.org.uk) or 0113 242 1321 for assistance with booking.

Plain Text, British Sign Language and Video versions of the programme are available. Please email [hello@forumcentral.org.uk](mailto:hello@forumcentral.org.uk) to request this.



British Sign Language interpretation



Closed captioning that provides subtitles

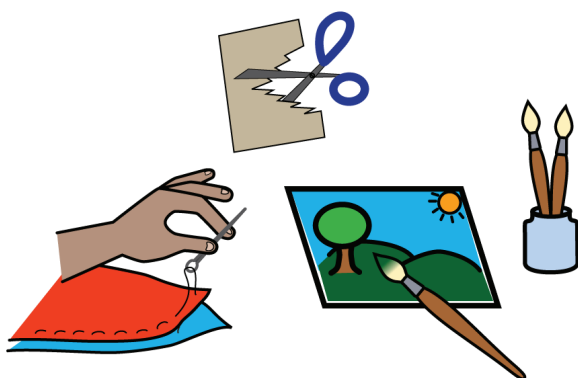
# Monday 29 November 2021

1:30pm  
to  
3:30pm

*Dream CIO - Yeadon Cricket Club*

*Face to Face*

## art and craft



Join in this crafternoon to make a penguin pom pom art decoration kit, celebration cracker, mini art canvas to colour and a Christmas suncatcher. Places are limited so please book before 26 November. At Yeadon Cricket Club, High St, Yeadon, Leeds LS19 7TA.



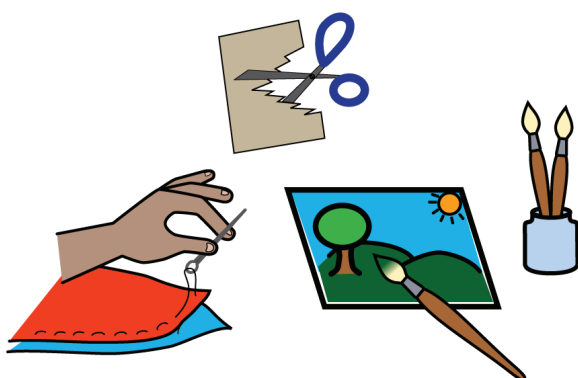
**BOOK YOUR PLACE HERE**

1:30pm  
to  
3:30pm

*Leep1 Holiday Hangout Christmas Afternoon - Cafe Leep*

*Face to Face*

## art and craft



Have fun making Christmas crafts with artist Amanda and the #abilitiesnotdisabilities team. You will learn to make lovely tree decorations, cards and gifts to give as beautiful presents or keep for yourself. At Café Leep, Unity Business Centre, Unit 14, 26 Roundhay Road, Leeds LS7 1AB.



**BOOK YOUR PLACE HERE**

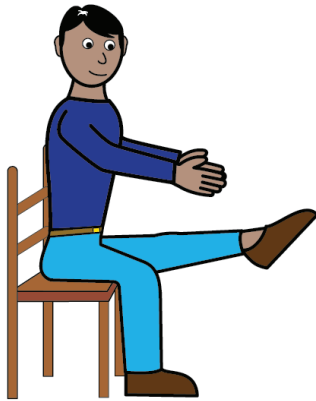


2:00pm  
to  
3:00pm

*Sense, Tai Chi*

**On Zoom**

## chair based exercise



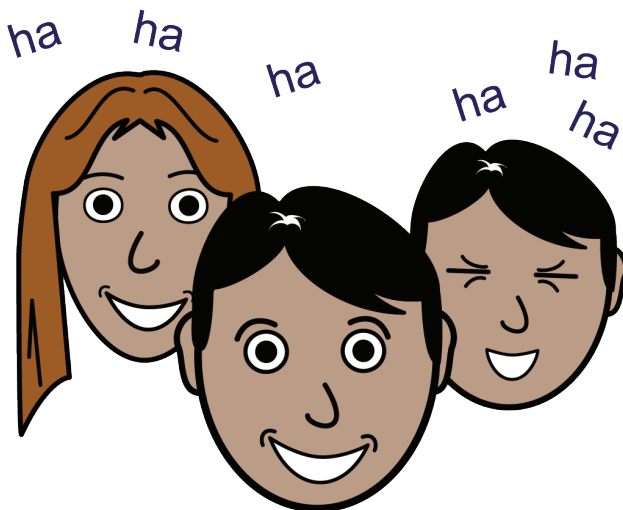
**BOOK YOUR PLACE HERE**

Enjoy gentle, flowing movements and channel positive energy, wherever you are. This session can be completed seated or standing and is suitable for all ability levels. You will need some water, and a clear space to exercise in and a chair.

7:30pm  
to  
10:00pm

*Virtual Laugh-Able Comedy Night With Luke Poulton*

**On Zoom**



A 5 star reviewed Disability and Mental Health Comedy Night for acts with disabilities and mental health conditions. Headlined by Essex Comedian of the Year 2019, Luke Poulton. Luke tells stories about living with Autism and jokes about movies that no one else wants to watch.

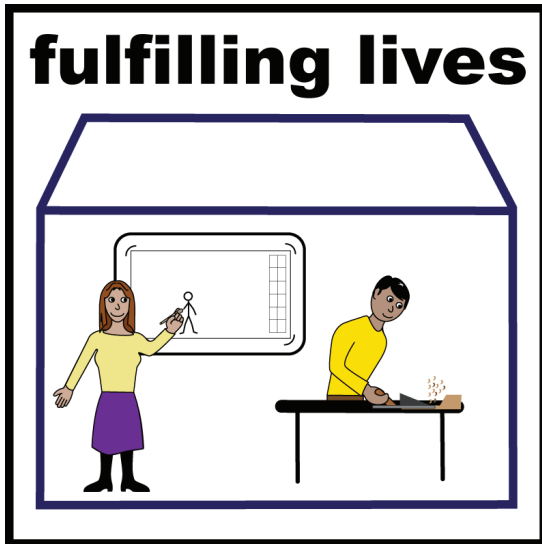


**BOOK YOUR PLACE HERE**

10:30am  
to  
12:00pm

## *Connect in the North, What's Next in Leeds? - Thackray Medical Museum*

**Face to Face**



A working group looking at what can be done in Leeds to improve the lives of people with learning disabilities. At Thackray Medical Museum, 141 Beckett St, Harehills, Leeds LS9 7LN.



**BOOK YOUR PLACE HERE**

12:30pm  
to  
1:30pm

## *Climate Action Leeds, Why Climate Action Now?*

**On Zoom**



An introduction to Climate Action Leeds to understand what this ambitious city-wide project is all about and how you can get involved.



**BOOK YOUR PLACE HERE**



1:30pm  
to  
2:30pm

## Yorkshire Dance, 'digital disco' – 'Let's Dance!'

On Zoom



A digital disco with a chance to come together virtually and have a dance to some of your favourite tunes. Please email Alex Garland at [alexgarland@yorkshiredance.com](mailto:alexgarland@yorkshiredance.com) with the number of people you are booking for, their names, and the Zoom link. Please request songs by Friday 26 November.



**BOOK YOUR PLACE HERE**

2:00pm  
to  
3:00pm

## Advonet, Autistic Question Time

On Zoom



An opportunity to ask a panel of autistic staff your questions. The panel can provide advice, support and information.



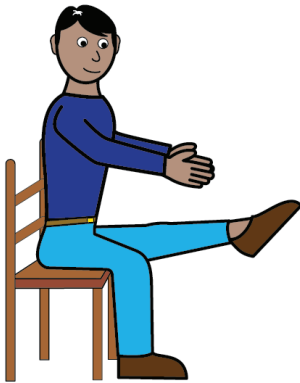
**BOOK YOUR PLACE HERE**

**10:45am  
to  
11:30am**

***Sense, Chair based exercise***

***On Zoom***

**chair based  
exercise**



The session is a movement-based exercise class, aiming to improve mobility and coordination. The exercises have been designed for people with complex disabilities but can be enjoyed by anyone.



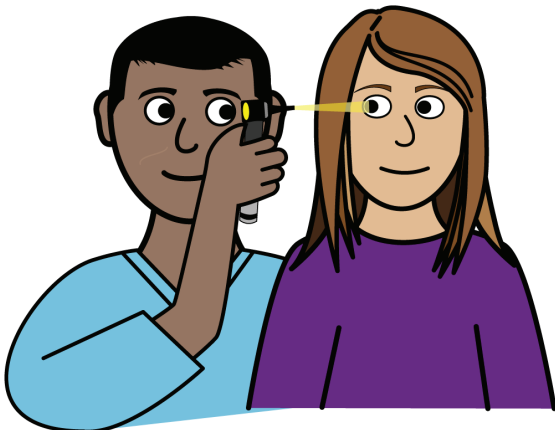
**BOOK YOUR PLACE HERE**

**11:00am  
to  
12:00pm**

***Association of Blind Asians, Eye Health Talk***

***On Zoom***

**check eye**



This session talks about the importance of regular eye check ups. They'll cover signs you should go for a check up, eye clinics and how to access them and how to maintain good eye health. There will be an opportunity for participants to ask questions about eye health.



**BOOK YOUR PLACE HERE**

**Wednesday 01 December 2021**

**11:00am  
to  
12:00pm**

***Stockhill Woodwork Group, Live Q&A Session***

**On Zoom**



Stockhill Community Woodwork Group will be showcasing their work with a film and live Q&A session as part of Care Delivery Service Wellbeing Wednesday. Contact Catherine Smethurst to request the Zoom details.  
Catherine.smethurst@leeds.gov.uk

**BOOK YOUR PLACE HERE**

**1:00pm  
to  
2:30pm**

***Deafblind UK and Leeds Hearing & Sight Loss Service, Navigating the New World: Post Covid Life for the Sensory Impairment Community***

**On Zoom**



**B·I·D SERVICES**

The hosts will discuss the learning about how the pandemic affected the everyday lives of people with sight and/or hearing loss, and the challenges they now face in re-integrating with their communities.



**BOOK YOUR PLACE HERE**



**Wednesday 01 December 2021**

**6:00pm  
to  
8:00pm**

**Leep1, Friendship Group**

**On Zoom**



A special online social for adults with learning disabilities and/or autistic adults. Cook, eat, have lots of fun, sing and dance!



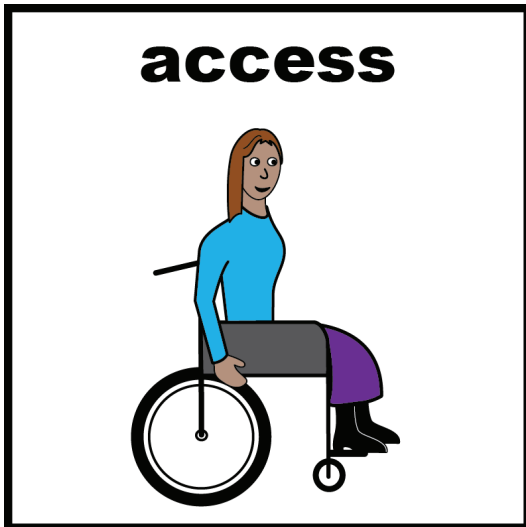
**BOOK YOUR PLACE HERE**

**Thursday 02 December 2021**

**10:00am  
to  
11:00am**

***Leeds City Council, Making Leeds Accessible and Inclusive - Thackray Medical Museum***

***Face to Face***



A presentation by Leeds City Council on recent and current projects in the city centre with discussions to follow. At Thackray Medical Museum, 141 Beckett St, Harehills, Leeds LS9 7LN.



**BOOK YOUR PLACE HERE**

**11:00am  
to  
12:00pm**

***Leeds City Council, Leeds Town Hall - A vision for the future with access at its centre - Thackray Medical Museum***

***Face to Face***



A presentation by Leeds City Council on the upcoming refurbishment of Leeds Town Hall. At Thackray Medical Museum, 141 Beckett St, Harehills, Leeds LS9 7LN.



**BOOK YOUR PLACE HERE**

**Thursday 02 December 2021**

**11:00am  
to  
12:00pm**

**Ascendance, Roomers & Zoomers - Leeds City Museum**

**Face to Face  
and On Zoom**



A Celebration of Ascendance's Dance with Parkinson's hybrid dance programme, comprising a film screening and a dance workshop demonstration. At Leeds City Museum and you can join via Zoom.



**BOOK YOUR PLACE HERE**

**7:00pm  
to  
8:30pm**

**Purple Patch Arts, Zoom Disco**

**On Zoom**



A fun-filled, inclusive evening where everyone is connected through feel-good music and dancing. The event is led by DJ Jessica and Super Sarah and everyone is welcome – put on your dancing shoes and join the party! Please email [info@purplepatcharts.org](mailto:info@purplepatcharts.org) to send us any song requests!



**BOOK YOUR PLACE HERE**



**Friday 03 December 2021**

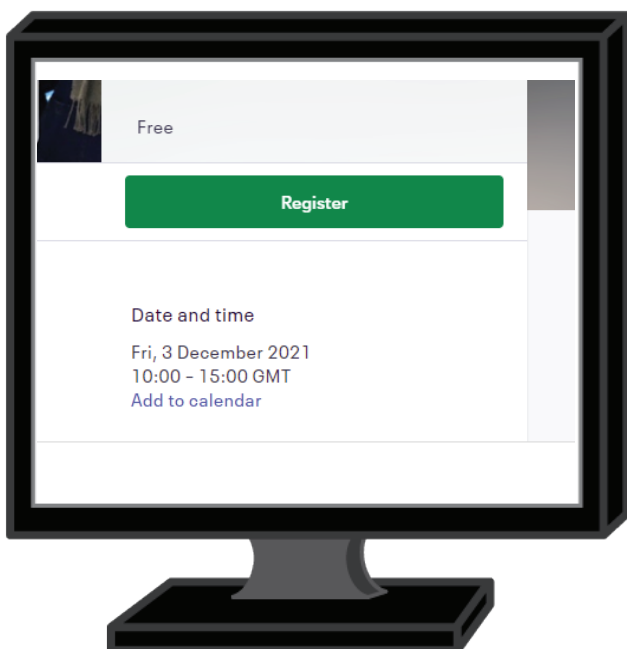
**10am - 3pm International Day of Disabled People**

**Market Stall Event, Leeds City Museum, Brodrick Hall,  
Millennium Square, Leeds LS2 8BH**



If you plan to come to the Market Place event at Leeds City Museum, we would be grateful if you could tell us that you are coming on Eventbrite:

**BOOK YOUR PLACE HERE**



There is also a booking link for activities/events with limited capacity. Please book early to avoid disappointment. Some spaces will be open to walk-ins on the day.

10:00am  
to  
11:00am

## Quiet Hour - Brodrick Hall



We are holding a quiet hour to help make part of the event more accessible for people with neurodivergent conditions. This includes autistic people and people with ADHD.

During this hour, we encourage visitors and stallholders to keep noise to a minimum. We won't be having any performances or activities during this time.

10:00am  
to  
11:00am

## Change People, We are Out Spoken! - Jubilee Room



An LGBTQI+ inclusion project with people who are autistic and/or have a learning disability.

Join us for a workshop to find out more about the inclusion project involving LGBTQI+ people, who are also autistic and/or have a learning disability. Learn more about the barriers people face and how you can be an ally.



**BOOK YOUR PLACE HERE**

**11:00am  
to  
11:30am**

## ***Official Opening & Welcome - Brodrick Hall***

***Master of Ceremony: Adam Douglas, Senior Finance Assistant - Leeds City Council, Adults and Health.***



Cllr Kevin Ritchie, Councillor for Bramley and Stanningley and Disability Champion, Leeds City Council. Geoff Turnbull, Equality, Communities Housing and Environment, Leeds City Council. People In Action, Leeds Talent 2021 - Winners and finalists - Olivia Quigley (singer), Callum Kemp (singer/guitarist), Catherine O'Donnell (Irish dancer), Megan Nunns (singer).



**11:00am  
to  
12:00pm**

## ***Hard workers, not burdens: disabled textile mill workers - Jubilee Room***



A presentation and discussion about research conducted by Gill Crawshaw into disabled mill workers, from the Industrial Revolution onwards. It will be informal and friendly.



**BOOK YOUR PLACE HERE**



11:30am  
to  
11:40am

## *Lippy People's 'Life, Loss, Learning, Legacy' Project - Brodrick Hall*

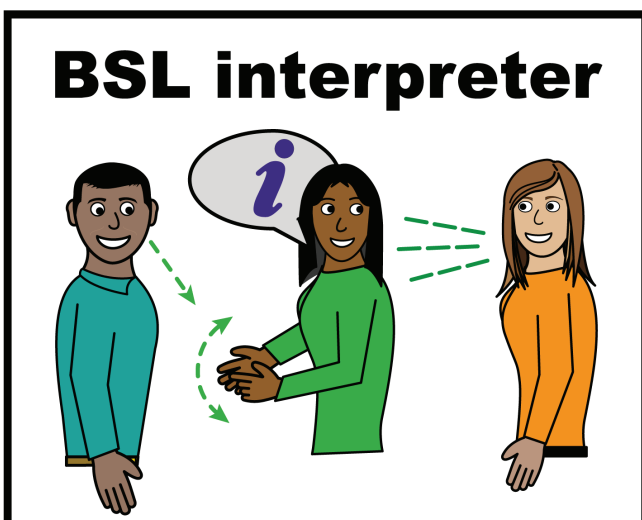


How does it feel when someone close to us dies? What can help us when we are coping with loss? Watch 'Beth & The Outsiders' video made by Aarron on Lippy People's 'Life, Loss, Learning, Legacy' project - and hear his story.



11:30am  
to  
12:30pm

## *Deaf Awareness & Everyday BSL signs - Brodrick Hall Activity Space*



Learn everyday basic BSL signs with Deaf Women's Society & Leeds Deaforum.



**BOOK YOUR PLACE HERE**

11:45am  
to  
12:00pm

## *Ella Frances Sanderson - Brodrick Hall*



Ella's poetry on her Asperger's inspires people with the difficulty not to give up on life. We'll show a video about Asperger's followed by live poetry.



12:00pm  
to  
1:00pm

## *Association of Blind Asians, Mehndi - Brodrick Hall*



Try a cultural experience - mehndi, also known as henna, on the back of your hands.

**BOOK YOUR PLACE HERE**

12:00pm  
to  
3:00pm

## Quiet Space - Jubilee Room



At Leeds For All, we will have a dedicated quiet space for neurodivergent people to go to from 12pm. If you are coming and you feel overloaded or overwhelmed if the main part of the Museum is too busy or noisy, you are more than welcome to go to the quiet space. If needed, one of our volunteers will help direct you to it.

12:30am  
to  
2:30pm

## Active Leeds with Ping Pong 4U - Brodrick Hall Next to Activity Space



Adapted table tennis. No need to book, just drop in.



12:45pm  
to  
1:45pm

## *Highlighting the Climate Emergency - Brodrick Hall Activity Space*



Join Climate Action Leeds and learn more about the climate emergency, how it's affecting the world we live in, and what you can do to help. Creative learning activity, with a chance to ask questions about Climate Action Leeds.



**BOOK YOUR PLACE HERE**

1:15pm  
to  
1:30pm

## *Northern Ballet's Ability - Performance - Brodrick Hall*

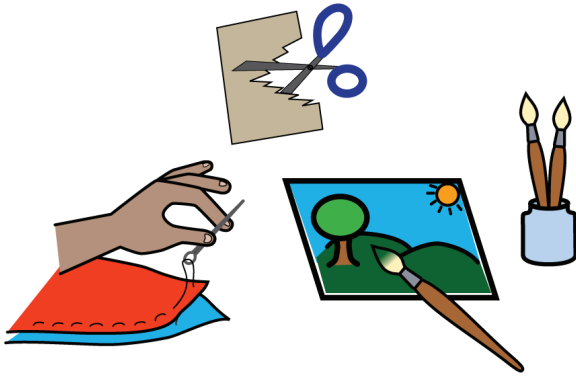


Short dance performed by members of Ability, Northern Ballet's dance course for adults with learning disabilities.

2:00pm  
to  
3:00pm

## *Dream CIO, Scratch Art - Brodrick Hall Activity Space*

### **art and craft**



An opportunity to relax for 15 minutes creating your very own Scratch Art. Resources provided. Upon booking you will be allocated a 15 minute slot within the hour.



**BOOK YOUR PLACE HERE**

2:10pm  
to  
2:30pm

## *Sense, Drumming with Music - Brodrick Hall*

### **musical instruments**



Get moving to the upbeat music, and practice your drumming skills using wooden sticks. Suitable for people with complex disabilities, this class can be adapted for all individuals.



**BOOK YOUR PLACE HERE**

## Closing Speech - Brodrick Hall

3:00pm



Councillor James Lewis - Leader of Leeds City Council will close the event.



## Pre-recorded Content

Online



Please click below for Leeds For All pre-recorded content.

[ONLINE CONTENT HERE](#)



INTERNATIONAL DAY OF PEOPLE WITH DISABILITIES