Would you like to visit your loved one in their care home safely during Covid outbreaks*?

Please speak to the care home manager about becoming an 'essential care giver'. Every resident can choose one.

An essential care giver is someone who:

- Helps the person feel happier and well.
- Provides companionship and support (you don't have to provide hands on care).
- Can visit as often as you wish.
- Would be supported with Infection Prevention and Control (e.g. hand hygiene and using personal protective equipment).
- Must have the same regular Covid testing as staff.
- *Can continue visiting during Covid outbreaks providing you or your loved one are not Covid positive.

For further information and advice on this, or any other aspect of health and care services, please contact:

**Healthwatch Leeds
0113 898 0035
info@healthwatchleeds.co.uk**

NHS
Leeds Community Healthcare
NHS Trust

Your **healthwatch** Leeds

Leeds Care Association

Carers Leeds

Leeds CITY COUNCIL