

Event Programme



Forum Central Learning Disability Awards 2024

Friday 21 June 2024 7.30pm - 12am, The Marriott Hotel

Celebrating the learning disability sector in Leeds!

Together we recognise the amazing work of the Leeds' VCSE sector to support and enable people with learning disabilities to live life to the fullest.



About the Awards

Good evening

Welcome to the relaunch of the Tenfold Awards!
We have a new name and new branding - The Forum Central Learning Disability Awards - but the same ethos of appreciation.

We are very fortunate to have so many organisations and people working across Leeds to support and empower people with learning disabilities. Tonight is a chance to celebrate and share their successes and achievements.

Thank you to all who have nominated and voted for VCSE organisations in Leeds and their volunteers. This is a great testimony to the fantastic partnership working that happens in Leeds.

Good luck to all the nominees!

We hope that you have an amazing evening - because you are all amazing!



The collective voice for
the health and care
third sector in Leeds

Delivered in partnership by:



With thanks to

A huge thank you to our sponsors, supporters, all those who have donated prizes for the raffle - we couldn't have done it without you!

Positive Changes - Royal Mencap

It is with thanks to our funder - Positive Changes - Royal Mencap, that we have been able to relaunch the awards ceremony and offer 100 free tickets to VCSE organisations and their volunteers.

The 'Positive Changes' group is part of a nationwide project by Royal Mencap called 'My Community' which is also delivered in cities such as Hull and Bristol.

To see more of what the group are doing in Leeds, visit the [Positive Changes Youtube channel](#) where the volunteers pass on a skill to other people.

POSITIVE+
CHANGES



Scan this QR code to go to the Positive Changes Youtube Channel



Evening Hosts

Many thanks to our hosts for this evening.

Zoe Bawn, CEO of Aspire CBS

is opening the event.

Aspire is a staff-owned, not-for-profit, social enterprise who provide care and support services to adults with a learning disability across Leeds. Zoe previously worked for 15 years with United Response, a national charity supporting young people and adults with learning disabilities, autism and mental health needs, as Head of Business Performance and Development Zoe has always chosen to work in not for profit, charitable or public sector environments.



She was Director of Business Development at Yorkshire Culture which supported charities and third sector organisations with grants and infrastructure support. Here she achieved a successful legal incorporation of eight companies from non-statutory government departments to separate arm's length companies.

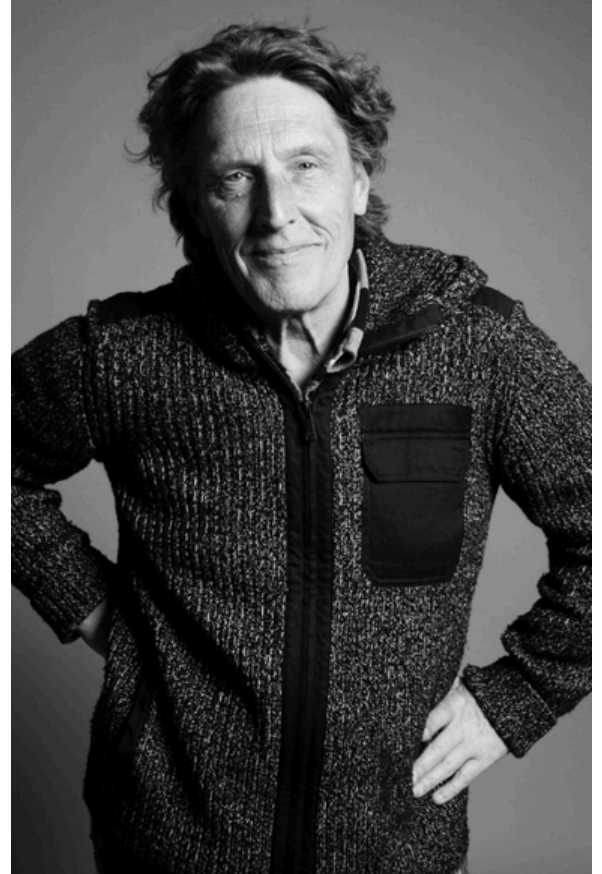
Zoe has also worked as a Project Manager for the Arts Council supporting secondary schools in South Yorkshire to develop creative partnerships with local artists and community organisations. She was a Trustee of Dark Horse Theatre in Huddersfield for a number of years, who are a theatre company offering accredited actors training for people with learning disabilities. Zoe became a Trustee of Tenfold in 2018 and is currently a member of the Forum Central Partnership Board.

Outside work she is a mum of two daughters and an avid fan of weight lifting and tries to run but sometimes she feels this is work in progress!

Nick Davis

is our host for the awards ceremony.

Nick Davis is a Leeds actor and musician. He also plays a huge role throughout the Leeds Community by being involved in organising local events such as the Kirkstall Festival, and helping run his own Community Music Group - Music from the Attic! - where all ages and abilities are welcome to make music and perform at different venues. Nick has his own lived experience of mental health and overcoming alcohol addiction, Nick has been an advocate for others and encourages people to access support from brilliant VCSE organisations such as Forward Leeds. Nick has used his lived experience to help others. He is one of Leeds' many unsung heroes!



Scan this QR
code to go to the
Kirkstall Festival
website



Kirkstall Festival 2024

Entry free
£2 programme

Saturday 13th
July
11am-6pm



Award:

Volunteer of the Year

This award recognises the valuable contribution of a volunteer. It is for an individual who is unpaid and who volunteers within the field of learning disability.

This category is for someone who has demonstrated that they are a star volunteer - reliable, trustworthy, dedicated, with a positive attitude and enthusiasm for volunteering.

They can be volunteering for any length of time, as it is their passion for volunteering which shines through.

Shortlisted Nominees

Doreen Kaye
People in Action

Sue Clayden
Pyramid of Arts



PEOPLE
IN ACTION



PYRAMID

Sponsored by:

Balfour Beatty

Thanks to Balfour Beatty for sponsoring the Volunteer of the Year Award.

Balfour Beatty are a large national construction and infrastructure company currently undertaking big projects in Leeds.

Regent Street Flyover, Leeds

73,000 road users pass through the junction daily

£10.8 million social value delivered in the local community

99.67% of waste generated on the project was recycled

Visit the Balfour Beatty website by scanning the QR code.
<https://www.balfourbeatty.com/>



Doreen Kaye is a volunteer for People in Action, Leeds. Over 20 years ago, Doreen crept into Link Club after work. She started to chat to members and then joined them in activities and gradually she was hooked. The members loved her and always noticed if she was not there.

When Doreen retired at 65 she officially joined as a volunteer and is still a volunteer for People in Action. Doreen has experienced some very sad times in her personal life, in the last few years and she had a bad fall breaking her wrist and hip but within weeks she was back volunteering. Doreen admitted that she missed everyone and just being at the club lifted her spirit and 'kept her going'. The members talked to her on facetime, sending her cards and gifts, when she had been hospitalised and were delighted when she returned.

Doreen always thinks about the club and is regularly buying prizes for the Tombola and activities that she 'just spotted in the shop'. She has hardly missed an evening and will have a go at anything. Doreen is so humble and hard working and People in Action know she is shattered at the end of the evening - but this is not going to stop her. She often puts everyone to shame. Doreen will be 80 next year (2025) but she is relentless. The members and her colleagues want to celebrate her birthday with her as she has become a great friend to us all. She is one of those individuals who has definitely made a difference

Sue Clayden has been volunteering at Pyramid's weekly Legends Group for six years. Legends is a creative arts group for older people with learning disabilities.

The group's core worker, artist Cassy Oliphant, wanted to say, "Sue is the kindest, most patient volunteer you could imagine. Her years as a nurse really show in her approach, as she brings a huge amount of care and affection towards each person. She has such an intuitive way of knowing what needs to be done, and gently but directly supporting us all in different ways - through unasked for (but very gratefully received) cups of tea, to supporting members with dementia who need to voice concerns and receive reassurance. Sue is able to hold a huge amount with little direction."

Sue is always on-hand to help Pyramid in other ways, for example running the tea and cake stall at our events, and giving more of her time to help support short projects such as the Developing You employment course. Sue is a wonderful, kind, calm and reassuring presence at Pyramid and we all feel very lucky to have her with us. We would like to acknowledge how much she does for us through this award.

Award:

Making a Difference

This award is for a scheme, project or piece of work that has made a positive and real difference to people's lives. To recognise organisational work, as opposed to individuals.

Nominations in this category are about improvements in health, making people feel safer, developing skills and creating employment opportunities or supporting people to have friends and good social activities. Or anything else which has made a real difference! Above all, it must demonstrate a positive outcome for learning disabled people.

Shortlisted Nominees

Hamara: HALO

**People Matters:
My Body, My
Choice**

HAMARA



Sponsored by:

Thanks to Hippo Digital for sponsoring the Making a Difference Award.

Hippo are leading the way in Leeds when it comes to digital. They are a full-service digital consultancy working across sectors. "At Hippo we build the right thing right."

Visit the Hippo website by scanning the QR code.

<https://hippodigital.co.uk/>



A trusted digital services partner, designing with empathy and building for impact



Hamara has been working with vulnerable people since 1997 to empower adults with learning disabilities and difficulties, and autistic people. They promote social inclusion and support them to access the wider community, to provide them with opportunities to increase confidence, to provide health information and advice. The day opportunities service offers individual and group support to members, it is member led and person centred and is at the heart of our core values, they encourage their members to Be Brave.

Hamara promotes independence by supporting members with decision-making, learning and developing new and existing life skills and social inclusion. Members take part and enjoy a wide range of activities such as: cooking sessions, education, digital know-how, sports, outdoor pursuits and employment skills.

The HALO project at Hamara healthy living centre delivers a day opportunity service reaching the learning disability community from a south Asian background and are at higher risk of experiencing disadvantage, deprivation and health inequalities due to their health conditions, disabilities and ethnicities. The service runs 5 days per week and is a lifeline for social interaction, enrichment and most importantly friendships for its service users. The project manager, Josie Binns, is so passionate about its members and has created a more user friendly service.

Sabiha Hussain has worked at Hamara and as part of the HALO project for 13 years. She started as a volunteer and progressed to paid employment. She is currently a project officer for HALO dealing with the day to day running of the project. Sabiha is passionate about her job and this is shown in her work daily. The HALO members adore being around her and when Sabiha is leading a session she really knows how to captivate the imagination of our service users. No task is too big or too small for her and this is shown in her work but more importantly the length of service with HALO.

HALO supports members to access invaluable health, achievement and learning opportunities. Hamara are the GSK IMPACT awards 2024 winners for outstanding contribution to tackling health inequalities. In 2025, they will open 'The Cockburn Centre', a life skills centre for adults with learning disabilities and due to recent vocational courses undertaken in HALO, placements and employability support in service, members are working towards securing paid employment in the centre. HALO is more than a service, it is a family, it is a lifeline.

My Body, My Choice - The project was run by **People Matters** from Nov 22 – May 23 as part of Health Inequalities funded by the NHS. The project was commissioned by the NHS as a way of tackling some of the health inequalities that the learning disabled and neurodivergent community were at risk from, which had been exacerbated on the back of COVID.

People Matters were the lead partner in the consortium of 6 organisations, supporting each organisation with the development of member led groups with varying focus dependent on their speciality. Working as part of a larger consortium really helped to ensure we were providing a diverse range of groups that would meet the primary needs of a whole range of the community. Over 60 people benefited directly from the project with 25 external visits and talks to support learning. All groups focussed on the individual's wellbeing, including supporting mental health. Within the People Matters group, they focussed heavily on healthy relationships, sexual health and self-awareness, something which is often woefully neglected within this client group.

Group members expressed that they now possess a deeper understanding of relationships. They have learned to recognise the signs of abusive relationships and have a clear grasp of the concept of consent and its defining features. Additionally, members have acquired knowledge of sexual health, including preventative measures, available treatments, and how to access them.

A real eye opening part of the project was around the visit to MESMAC – a number of members had no idea what an STI was, the symptoms it presents, nor how to access treatment, despite being in a physical relationship. Confidence in accessing health services has increased in 58% of group members across the whole project. This is huge given the short period that these sessions have been running.

As part of the project, a resource bank was created where project partners could share useful resources, contacts and activities for the groups. The platform chosen had the ability to view videos, pictures, and documents directly on the platform which was particularly beneficial as it eliminated the need to download files or navigate to external websites. Additionally, being able to post links within the platform allowed for easy navigation to related external resources or references. By utilising such a platform, the project partners could collaborate in real-time, exchange ideas, and contribute to the resource bank. Overall, the platform selected was well-suited for supporting collaboration and knowledge sharing among project partners. It provided a visually engaging and accessible environment for sharing resources, contacts, and activities, contributing to the success of the project.

This ensures that the project benefits will (and have!) lived on long after the project ended. In conclusion, we are nominating the My body, My choice group as it was a group that produced information and much needed education, exceeded outcomes, worked collaboratively and will have a preventative impact in the community for a long time to come. If that's what can happen with 7 months work, then imagine what could happen with an embedded programme into the Learning Disability and Neurodivergent community!

Award:

Learning Disability Network Member of the Year

This awards is for an outstanding VCSE organisation, which is also a member of the Forum Central learning disability network. A list of our 82 network member organisations was provided at the time of nominating for people to select from.

Nominators explained why they thought their chosen organisation deserves this Award. This included information about the work they do, what it is they like, and what makes them so special!

Shortlisted Nominees

Purple Patch Arts

LEEP1 - Café Leep



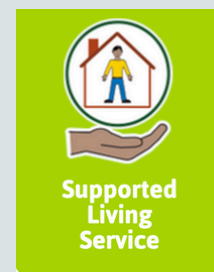
Sponsored by:



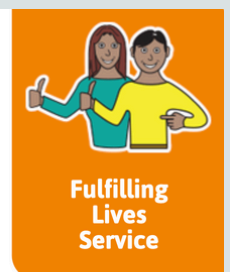
Thanks to Aspire - Community Benefit Society for sponsoring the Learning Disability member of the Year Award.

Aspire Community Benefit Society's purpose is to enhance the quality of the lives of the people they support by empowering them to be as independent as possible.

Visit the Aspire website by scanning the QR code.
<https://www.aspirecbs.org.uk/>



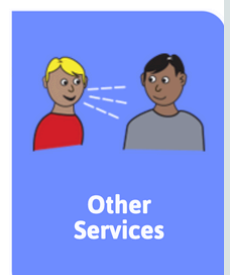
Supported
Living
Service



Fulfilling
Lives
Service



Respite Care
& Crisis
Services



Other
Services

About the Nominees

Learning Disability Network Member of the Year

Purple Patch Arts provide innovative, inclusive and creative learning opportunities for learning-disabled and autistic people, supporting them to expand their understanding of and engagement with the world. They believe that lifelong learning should be accessible to everyone; we should all have an equal chance to learn and grow and reach our full potential. This year, Purple Patch Arts celebrates their 15th anniversary of delivering accessible, meaningful lifelong learning opportunities through our Lifelong Learning Programmes and our funded projects. Purple Patch Arts are building a community of lifelong learners that can explore, grow and learn new skills together in a fun and supportive environment.

Purple Patch delivers a variety of work across Yorkshire, including: Lifelong Learning Programmes, Move On Up (transitions project), Purple Research Group, Family and Carer Zoom evenings, and termly Zoom discos that invite everybody to enjoy a boogie! All of their work follows the Purple Patch Approach, using art, music, drama, movement, literature and multi-sensory activity to explore ideas, themes and topics in ways which are accessible, imaginative and lots of fun! Their approach allows everyone to access our work in their own way and supports people to learn in the way that best suits them.

Purple Patch Arts see the impact of their work on a daily basis, in the increased wellbeing, confidence and independence of our participants, and the ripple effects that has for their families, carers and wider communities. They run 13 weekly Lifelong Learning Programmes in community venues across Yorkshire, including 5 in Leeds, engaging 140 learning-disabled and autistic adults for 38 weeks a year. Their programmes follow a custom-written scheme of work, with a different theme each year and cover a broad range of topics such as maths, science, history and current affairs that engage and challenge participants.

What's more, participants can return year after year, allowing them to further develop their skills and learning, and to set and meet new goals. Their funded projects meet identified needs, including: Move On Up, which supports and empowers young learning-disabled and autistic people who are transitioning into adult community services, their Purple Research Group who aim to break down the barriers for learning-disabled people to be meaningfully involved in research, and their Family and Carer Zoom evenings which enable the families and carers of our Lifelong Learning Programme participants to socialise together in a relaxed and fun environment. The voices of their participants are at the centre of everything they do. Their participant Steering Group acts as a bridge between participants and the Board of trustees.

The group uses their experiences, skills and knowledge to help us make decisions on behalf of participants at Purple Patch, gives them feedback, and advises them on best practice. Across all of their work, they ensure every participant can express their opinions through innovative evaluation methods that ensure every participant's voice is heard.

Read what participants of Purple Patch Arts have to say:

- “Purple Patch makes me feel proud and happy.”
- “You are enjoying whilst learning so much that you didn’t know that you’re learning.”
- “It feels like a purple patch family.”



Cafe Leep - A community cafe with social purpose.

Cafe Leep is a friendly community space for people to meet and enjoy a delicious and affordable menu. Their food is freshly prepared by their amazing team of cafe trainees. Cafe Leep provide training placements for adults with a learning disability and they are supported to gain catering qualifications and find work or other roles if they feel ready. Working in the cafe is a lot of fun!

The trainee programme is innovative, practical and a well designed programme, creating opportunities for learning disabled adults in Leeds. It helps build people’s self-confidence and they learn lots of new skills such as:

- How to cook and prepare food
- Serving customers
- Barista skills
- Till work
- Teamwork
- Food Safety Qualification (NVQ Level 2)

Cafe Leep is an approved Highfield Training Centre with an award winning tutor. They offer training courses for anyone wanting to gain their NVQ qualifications in order to work in the catering industry. They are able to offer a bespoke training course to help people gain an Ofqual regulated and nationally recognised qualification in Food Safety.



Award:

Outstanding Contribution

This award is to recognise individuals, volunteers and paid employees who have made an outstanding contribution during their career in the field of Learning Disabilities.

As these awards show, there are some incredible people in Leeds, working hard to support people with learning disabilities and to make their lives better.

This Award recognises the exceptional contribution that the people of Leeds believe deserves to be recognised.

Shortlisted Nominees

Sapphire Malcolm

Andrew Rawnsley



The collective voice for the health and care third sector in Leeds

Delivered in partnership by:



About the Nominees

Outstanding Contribution

Sapphire Malcolm is a volunteer for different organisations across Leeds, these include: LEEP1, Connect in the North - Pass it On People, Leeds Teaching Hospitals Trust, St Anne's.

Sapphire demonstrates that she cares for all things Learning Disability - Leeds. She works and volunteers for so many different VCSE organisations (listed above) and offers a myriad of skills, ideas and support in so many different areas. She offers all her roles 100% commitment and she is looked up to by the learning disability community in Leeds as she spreads her skills widely.

Sapphire attends Connect in The North as a Pass It On Person. Here she attends meetings, visits and talks to different organisations to improve opportunities and scope for the Learning Disability community. Her skills don't stop in the four walls of Sugar Mill as she always reports and shares her findings on social media (Facebook, Twitter/X, Instagram and TikTok).

Sapphire also helps out at St James' Hospital with the Learning Disability & Autism Team who provide easy read and important information for the community who require NHS services.

Sapphire has also volunteered and worked at LEEP1 providing help and support at their weekly Friendship Group. Her support and mentorship at these groups was a very helpful bridge between staff and group members. Also at LEEP1, Sapphire DJs at the monthly club nights where her set lists are a hit with those in attendance. She always plays what the crowds request which makes her a popular fixture at these events!

The COVID-19 lockdown was a difficult time for all. Sapphire continued to improve her skills over this time, where she hosted weekly Friday night online DJ slots at LEEP1 and also attended the Cafe Leep daily NVQ standard Food Safety sessions and gained her Level 2 NVQ shortly after the lockdown ended! After this she became a trainee at the Cafe. Her skills were honed there whereby she learned the job successfully and became a valuable member of the team who volunteers regularly on her non-working days and mentors less confident trainees. Her drive to help people is second to none.

Finally, Sapphire is also always on hand to lend a helping hand to St Anne's and attend important events. The most important being the funeral of beloved Malcolm Dodd who himself was a user of St Anne's Housing services, but also a regular fixture at Cafe Leep and St James' with the Learning Disability and Autism team.

Sapphire is ever present in all these organisations, sharing information, knowledge and simply helping her colleagues, friends and the community at large to be as accessible and successful as possible. In short she cares and lives to help anyone who needs it.

About the Nominees

Outstanding Contribution

Andy Rawnsley has worked tirelessly for the benefit of people with learning disabilities and their families in Leeds. His 38 years of service and commitment has ensured that people with learning disabilities have been given the best quality of life and opportunities, and that services for them in Leeds have been transformed into the gold standard that they are today. Andy worked selflessly with the people he supported, along with their families, to always listen and hear their voice and act in their best interest. He made a HUGE difference. Ultimately, and sadly, after years of devoted service, Andy had to retire earlier than he would have wanted to, due to the debilitating impact of Long Covid.

Andy's career started in 1985 when he volunteered at a residential home for children with learning disabilities. This proved to be pivotal: he subsequently left his university course and devoted his working life to improving and transforming services for people with learning disabilities in Leeds. In his unique career Andy has driven through change to benefit both children and adults as a home manager, social worker, care manager, project manager, programme manager, social work team manager, service delivery manager, head of service and chief executive.

Some of his most notable achievements include establishing a new registered care home with Leeds Federated Housing, working on the resettlement programme for 100 former residents of Meanwood Park Hospital, delivering new homes for 343 people under the Independent Living Project, modernising day services and ultimately leading the largest social care spin out in the country to create Aspire Community Benefit Society. Andy was not only a visionary, but a master at getting people on board with his ideas. He has undertaken some huge transformation projects and successfully steered them to completion. Andy doesn't just 'get the job done', he does it well, achieving buy-in and dedication from not only his staff, but also the people who are impacted by the change. Whilst change is always going to make people anxious, Andy inspires faith in himself and confidence in others, and people genuinely trust him to 'do what it says on the tin'.

No-one can doubt his passion and commitment to enhancing the lives of and empowering people with a learning disability, or his desire to support people to live the best life they can. Alongside his full-time employment, Andy was Vice Chair of Tenfold, and Chairperson at Carers Leeds. His professionalism and commitment to the ethos of these two third sector organisations led to improvements in governance. Throughout his whole career Andy always remembered that the impact on people's lives is the most important outcome. His own values of inclusion and fairness underpin everything he does. He has been courageous in seizing opportunities throughout his career to enhance the lives of hundreds of people with learning disabilities who in turn have had the chance to become true citizens of Leeds contributing to their communities and leading healthy and fulfilled lives.

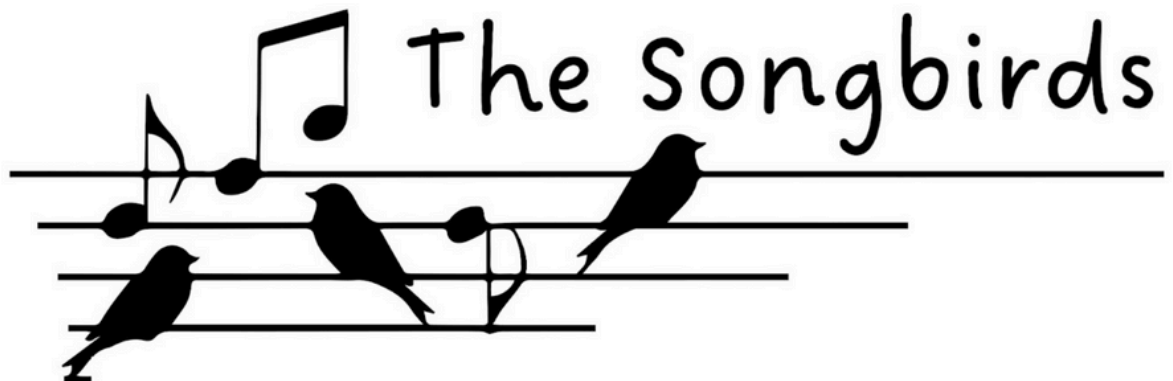
Awards Overview

Congratulations to all of the nominees. Thanks to all of you for nominating and voting for your winners!

Volunteer of the Year Award 2024	Doreen Kaye, People in Action	Sue Clayden Pyramid of Arts
Making a Difference Award 2024	Hamara: HALO	People Matters: My Body, My Choice
Forum Central Learning Disability Member of the Year Award 2024	Purple Patch Arts	LEEP1 – Café Leep
Outstanding Contribution Award 2024	Sapphire Malcolm	Andrew Rawnsley

Entertainment

Performance by



We are delighted to be treated to a performance by 'The Songbirds'. The Songbirds are a trio of ladies from Aspire CBS, who are all diagnosed autistic. The group is formed of Becci, who teaches Megan and Jenny - and seeing as they can all sing, they decided to form a trio.

Raffle Prize

Kirkstall Festival Fundraiser 2x Free Tickets

Kirkstall Festival Fundraising Gig.
Tickets are available from Eventbrite.

Visit by scanning the QR code:



Kirkstall Festival is a 100% Volunteer run annual event, taking place on Saturday 13th July 2024 at Kirkstall Abbey, Leeds.

A very special fundraising event is being held, by Kirkstall Festival Future Funding to raise much-needed funds to help secure the future of the event.

Two excellent covers bands - Weetwood Mac & Gary Stewart's Graceland - have both agreed to play a fundraising event in the Abbey on on Friday 12th July, the night before the main festival.

You will be able to hear some of the greatest hits from two of the most successful albums in musical history - Rumours and Graceland - together with other tracks from two of the most successful recording artists the world has ever seen.

PRESENTS

WEETWOOD MAC & GRACELAND

*at
Kirkstall
Abbey*

An illustration of a green field with several trees on the left and a silhouette of a building on the right. Two small figures are walking in the distance.

FRIDAY 12th JULY - DOORS 6.30PM

£20 STANDARD ENTRY. £45 VIP, OWN AREA & PICNIC HAMPER.

ALL PROFITS GO TO THE RUNNING OF KIRKSTALL FESTIVAL

Raffle Prize

Case of 12 Triple Point Brewing beverages

▲ Triple Point Brewing



Award-winning beers of all different styles, including those brewed in Sheffield. Great taste and gluten-free certified beer, with quality in every sip.

WORLD BEER AWARDS
ENGLAND WINNER

THE BEER COMES FIRST.

Independent brewery and taproom, specialising in vegan and (World's Best) gluten-free craft beer.

Awards Organisers



Forum Central

Leeds
Older
People's
Forum



The network and collective voice of the health and social care third sector in Leeds.



Our vision is a better quality of life for people in Leeds.

Our work is informed, driven and led by our 300+ member organisations.

Keeping the sector informed, connected, and visible.

Forum Central is delivered in partnership by Volition and Leeds Older People's Forum.

We connect third sector organisations in Leeds with decision makers in health and social care. We influence strategic developments, policy and ways of working across health and social care. This includes links with the Local Authority, NHS West Yorkshire Integrated Care Board (ICB) and Local Care Partnerships (LCPs) in Leeds.

Our areas of work and specialist networks:

- Communities of Interest (COIN)
- Learning Disability
- Men's Health (Men's Health Unlocked)
- Mental Health
- Older People
- Physical and Sensory Impairment
- Workforce (HR Network)
- Strategy (Health and Care sector Leaders Network)
- Third Sector Representatives and Advocacy
- Local Care Partnerships

