



## Parent Support Group

Are you a parent who currently or previously has experienced children and families' social care services?

**You are not alone.**

Research show most families feel isolated, shame and embarrassment due to having a children's social worker but we want to change that and break the stigma.

Within this support group you can find comfort in knowing you are not alone, within a safe space to talk about the complexities that come with having children's social workers.

Our Voices was set up as a result of the Leeds Lets Talk event which happens annually to hear the voices of parents who have current or previous experience of Childrens.

From the feedback family members felt benefits of being within a group of others who have had similar experiences. We have now created a **Leeds peer support group** to help ensure parents know they are not alone when going through such a difficult time.

- **Please text, call or email to book on**, so we can ensure there is enough space in the venue..
- Children are welcome but must be supervised.
- Drinks and refreshments will be available.

For more information please contact:

Our Voices team on :

 07712216212

 [ourvoices@leeds.gov.uk](mailto:ourvoices@leeds.gov.uk)



**First group 8th July, 10:30-12:30**

**Venue: Bradbury Building, Mark Lane, Leeds, LS2 8JA**

